



MEETING AGENDA

Wellbeing **AT** Work

DATE & TIME

WEDNESDAY, FEBRUARY 1
8:30-10:00 AM

LOCATION

FAMILY SERVICES BUILDING - SUITE 200
114 N HOLCOMBE AVENUE - LITCHFIELD, MN

► BREAKFAST & WELCOME

► JEAN SPAULDING

SUCCESS COACH

- Jean joined the SWIF team with an extensive background in Economic Development & Human Resources with a master certification in health & life coaching.
"Life Coaching and the Positive Impact on Employee Well-Being"

► COMMUNITY SPOTLIGHT

► CLOSING

► 2023 MEETING DATES

- Wednesday, March 1
- Wednesday, May 3
- Wednesday, July 5 (tentative)
- Wednesday, September 6
- Wednesday, November 1

